

APPLECROSS PRIMARY SCHOOL NUT AND SOY MINIMISATION POLICY



We have children enrolled throughout the school who have the potential to suffer anaphylaxis. This is a sudden, severe and potentially fatal allergic reaction to, amongst other allergens, nuts or soy, especially peanuts and nut products.

It is important to understand that even trace amounts of nuts can cause anaphylaxis. The sensitivity is such that these children can have a reaction from just touching another child's hands or sharing toys and equipment with others who have been eating peanuts or nut products.

We ask for your cooperation to minimise the risk of these students coming into contact with problem foods by following these simple steps:

- ⊗ Please don't give your children foods containing nuts, peanuts or soy to bring to school.
- ⊗ Be aware that many sweets and biscuits contain traces of these nuts – eg peanut butter, nutella, certain muesli bars, chocolate bars and biscuits containing nuts.
- ⊗ Please encourage thorough washing of hands and face with a damp cloth if they have eaten these foods before coming to school.
- ⊗ Please avoid nuts, peanuts or soy in birthday cakes that may be brought to school.
- ⊗ Please be aware of the dangers of cross contamination.

Children have been taught not to share or accept foods from others and this is a school rule.

The school's main aim is to assist the students in the **avoidance** of allergens. Our school Nut and Soy Minimisation Policy is in line with the Department of Education Duty of Care policy and emergency response plans are in place for all activities we conduct.

I thank parents and class mates for the excellent level of community support we have received to date in managing to reduce the risks for these students, and we look forward to your ongoing assistance and understanding on this matter.

Further information regarding anaphylaxis can be found at the following websites:

www.allergyfacts.org.au

www.allergy.org.au

www.foodallergyaware.com.au