



APPLECROSS
PRIMARY SCHOOL

Applecross Primary School

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Dear Parents/Caregivers,

Year 6 River Bike Ride

As part of our Year 6 Bike Education Program there will be a Year 6 River Bike Ride on Friday 7 December. Students will complete a 13km round trip ride to Deep Water Point where they will stop for lunch before starting the ride back to school.

Students will depart from Applecross at 12pm and return to school by approximately 3pm. Students will be riding on the bike path along the river, apart from the 200m from school to the river bike path which will be on the road.

Applecross PS staff will be supervising the event as follows:

- Derek Rijnhart
- Antionette Soraci
- Orla King
- Louis Shepherd
- Kim Guelfi

Students should bring the following:

- A bike in good working order
- A helmet
- A packed lunch
- A water bottle in the bike water bottle carrier
- Sun cream
- Medical requirements such as Asthma puffer and spacer

Students are required to wear **full school uniform**, including -

- Applecross PS **charcoal polo shirt**
- Applecross PS Hat
- Applecross PS charcoal skorts or shorts or appropriate riding shorts
- Appropriate shoes for riding a bike

Please sign and return the attached **Parent Permission Form** to your child's class teacher by Friday 23 November. There is no cost for this excursion.

A map of our planned route is on the back of this page.

Yours sincerely,

Mr Derek Rijnhart
Physical Education Specialist
12 November 2018
Derek.rijnhart@education.wa.edu.au

POINTS PLOTTED

345

13.229 km

SHOW TIMER

Lunch
Deep Water Point



Parent Permission Form 2018 Year 6 River Bike Ride

Where: From Applecross PS to Deep Water Point and Return

When: Friday 7 December 2018

Time: Departing at 12pm and returning at approximately 3pm

Please sign and return this permission slip to your child's class teacher before **Friday 23 November 2018.**

I have read and understood the information regarding the excursion to Deep Water Point on Friday 7 December and give consent for my child to attend the Year 6 River Bike Ride **riding their own bike.**

Child's Name: _____ **Room Number:** _____

Signed: (Parent/Guardian) _____ **Date:** _____

Phone Number: _____

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities. Parents/guardians should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. **Parents are required to inform the organisers well before the scheduled excursion departure of any change to their child's health and fitness so that appropriate supervision may be arranged.** Where it is considered necessary, school staff will arrange medical assessment and treatment for students.

